A Facilitator's Handbook

~ for ~

PERMACULTURE

Solutions for Sustainable Lifestyles

Created by Yayasan IDEP with PERMATIL & GreenHand

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THE AIM OF THIS BOOK IS...

To provide a wide range of practical and comprehensive guidelines, tools and techniques for delivering effective Permaculture workshops. It includes over 200 presentations, creative thinking exercises and practical hands-on exercises, which can be used by local facilitators to design and implement effective courses appropriate to the needs in their area. It has been designed to work in conjunction with the companion book *'A Resource Book for Permaculture - Solutions for Sustainable Lifestyles'.*

These workshop techniques include knowledge and practical techniques for environmental rehabilitation and sustainability, strengthening community resilience and local economies. The contents of the book are based on concepts of deep ecology, the inter connectedness of our environment and culture and the principles and ethics of sustainable community development.

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We have tried to be as factual and accurate as possible. We hope that this book will provide many benefits for those that use it. However, any problems or faults that occur as a result of practical use of the information, are not the responsibility of Permatil, IDEP Foundation, or of the book's authors, artists, contributors and / or publisher.

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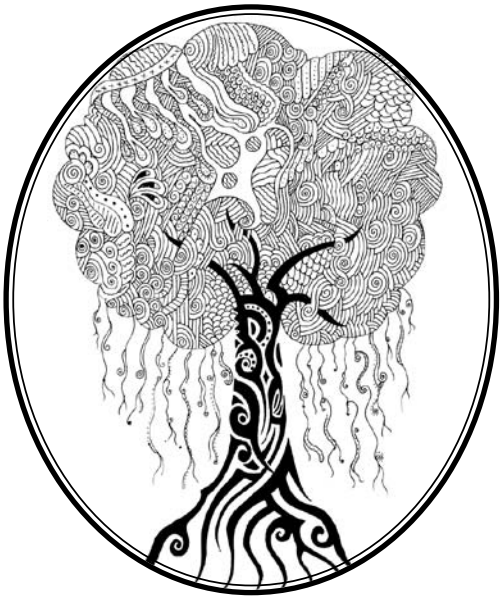

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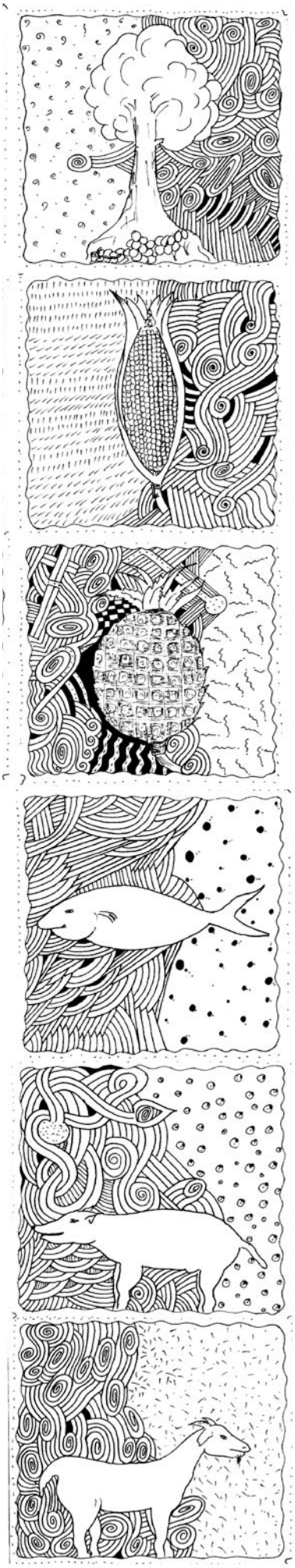

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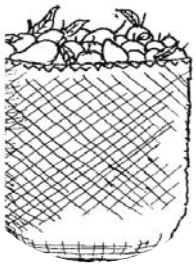
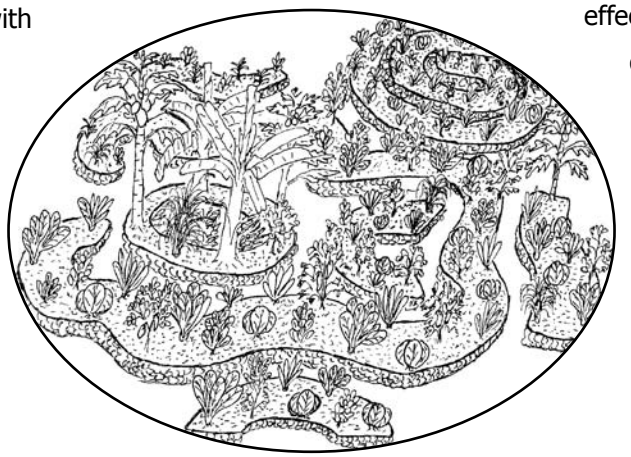


Forward

Permaculture is not simply a "back to nature" movement; it is a system for sustainable development based on natural principles. It is a practical and effective way to use natural patterns and natural principles for increasing sustainability and quality of life. This Permaculture Facilitator's Manual has been developed to assist Permaculture Facilitators, Trainers and Designers to use and share these principles and methodologies through their work, and increase the benefits that come from natural methods for development. Everyone can study and apply Permaculture by learning from & cooperating with nature while preserving its precious resources.



This Permaculture Facilitator's Handbook is designed to work in conjunction with 'The Permaculture Reference Book', which covers a wide range of information about the Principles of Permaculture and how they can be applied in many practical ways. It was developed for Permaculture Trainers, Facilitators and Designers to be able to deliver effective Permaculture Courses which will help people apply the practical ideas in the Permaculture Reference Book.

The practical and effective way that the contents of this handbook are presented are useful for any Permaculture Teacher as a reference before, during and after trainings are conducted.

This is an extensive handbook; it is systematic, user friendly and has been developed to be easy to read and use so as to make it as practical as possible for Permaculture Trainers.

The contents of the books in the Permaculture Series have been derived from a wide range of experiences of Permaculture Trainers and Designers from many different shores, including local and international practitioners, over an extended period of time.

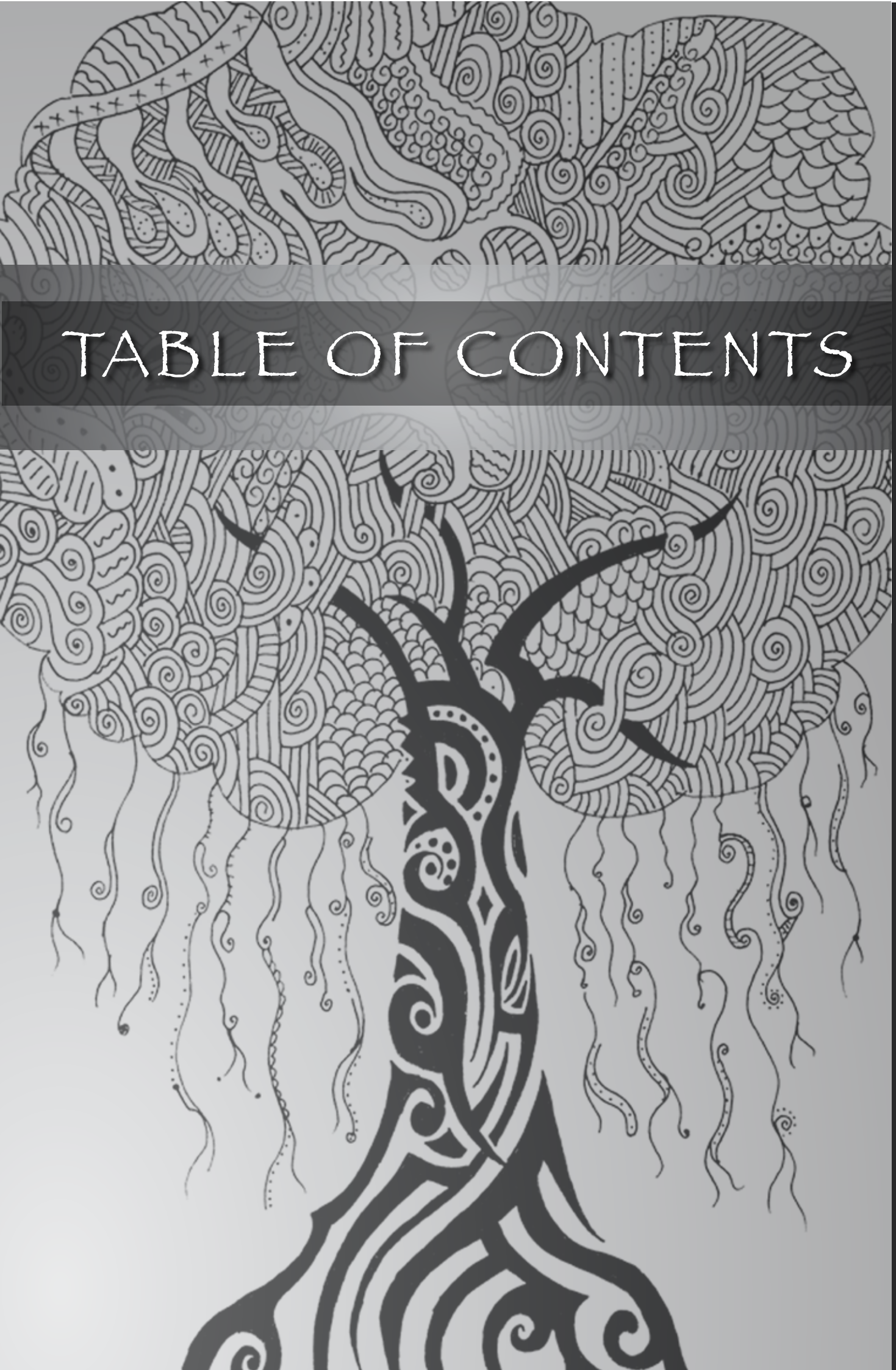
This Handbook will be most effective when it is used for the purpose for which it was designed: as a Handbook for Permaculture Design Trainings.

Even though the contents of this book have already proven themselves as being effective in field application, this does not mean that the manual is complete; it is open for updates, inputs and reviews. Just as nature is constantly in a dynamic process of change and evolution, this Facilitator's Handbook is very much a living document open to new ideas and inputs so that it can be made even more useful over time.

I hope that this Permaculture Facilitator's Handbook, and the companion Reference Book and Trainer's Resources Book will be a driving force for the important movement towards more sustainable living. The books are based on the philosophy of sustainability, which was so well explained by Mahatma Gandhi as "The earth provides enough to satisfy every man's need but not every man's greed".

Roberto Hutabarat
IDEP Aceh Recovery Programs Coordinator
& Director GreenHand Field School

Notes...



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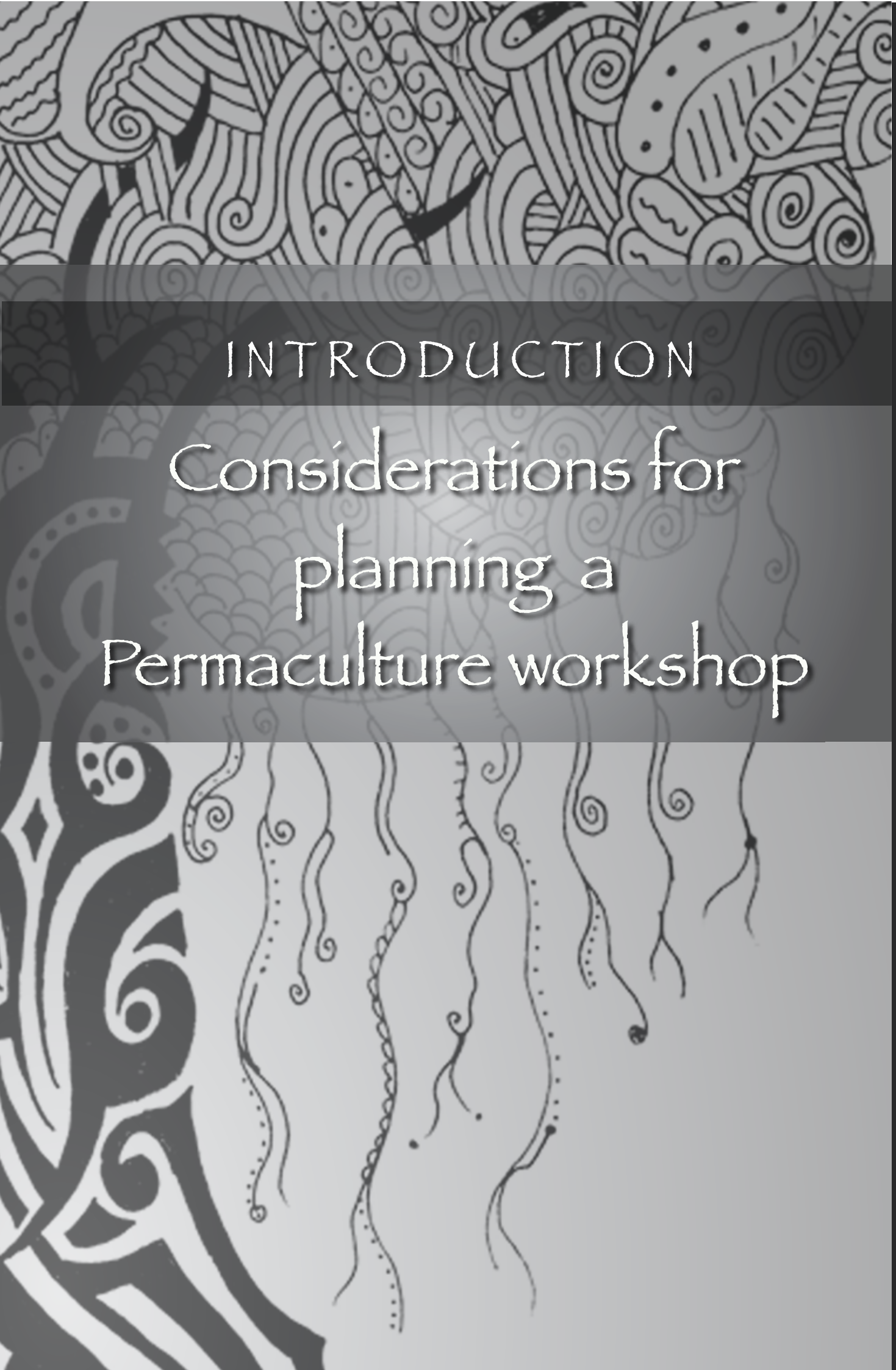

INTRODUCTION

Considerations for planning a Permaculture workshop

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